

## **Code of Conduct Douglas and Instructors**

Welcome to Birth Boot Camp! We are so excited to have you joining our family. One thing that makes Birth Boot Camp unique is the culture that we have worked to build, promote and maintain. Our Code of Conduct is the parameters within which we cultivate these principles, values, and work ethic.

### **Our core values include:**

#### **Kindness**

- The Birth Boot Camp Management Team will strive to always treat you with kindness.
- Please do the same for one another.

#### **Respectful dialogue**

- Internet communication can be impersonal and sometimes heated, but not here at Birth Boot Camp.
- We keep it respectful and we keep it clean in every way - from our language to our topics and the way we talk to and about one another - even if we disagree.

#### **Professionalism**

- Birth workers are often privy to information otherwise kept private. As professionals, we take this seriously. We extend this courtesy to other birth professionals and understand that it is difficult to ever know the full story.
- We do not talk poorly of other organizations.
- We strive to keep all Birth Boot Camp events professional and places where families can be comfortable and babies can be brought in, as needed.
- We discourage drug or alcohol use at Birth Boot Camp trainings or events.
- Always conduct yourself in a professional manner when meeting with students or clients. Not only are you representing yourself, but you are also a representative of Birth Boot Camp.

#### **Support**

- We support each other and lift one another up.
- We consider the things shared with one another and within the Birth Boot Camp Facebook groups to be private.

- Do not screenshot or share these private conversations. This creates an atmosphere of mistrust, not support.

### **Trust**

- Birth communities and groups can be places of drama, but you won't find that at Birth Boot Camp. The backbiting and mistrust you often find elsewhere isn't present in the Birth Boot Camp community.
- This extends to our students or clients. We do not share their personal or identifying information within groups or outside of the group. This also falls under "professionalism."

### **Love**

- One thing that makes us special *and* stronger is how different we all are, yet we are bound together by our common love of childbirth.
- You will find people of vastly different political affiliations, religions, ethnicities, and varying lifestyles in our groups. We focus on what we have in common and respect one another's right to be different and still be friends. Sometimes this is called tolerance, but we feel in our community it is better called *love*.

~

Welcome to Birth Boot Camp. We know that here you can find an amazing place to learn, grow, and build relationships, all while you change the world, one birth at a time.

By signing below you agree to abide by our Code of Conduct and understand that violations will merit attention and possibly the loss of your position as a Trainer for Birth Boot Camp.

Birth Boot Camp Trainee \_\_\_\_\_

Date \_\_\_\_\_

Birth Boot Camp Trainer \_\_\_\_\_

Birth Boot Camp Corporate \_\_\_\_\_